

# Visual Scanning

## Perceptual Training Workbook

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# Introduction

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The activities in this book were developed for children ages five and older. They are designed to help children in their early school years by improving the following skills:

1. Ocular Motor Skills: The smooth, accurate, and effortless eye movements necessary for efficient reading
2. Spatial Memory: The ability to remember the proper location of letters in a spatial format
3. Visual Concentration: The ability to concentrate and pay attention visually to a task
4. Sequencing: The ability to do a task in the correct step-by-step order

# General Directions

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There are five levels of activities in this workbook, ranging from least to most difficult. All children should start with Level 1. The activities are designed to improve a child's ability to scan material and find a desired number or letter combination quickly. In each activity, the child should find and circle a number or letter combination as quickly as possible. In Level 1, it is acceptable if the child uses a finger to help find the numbers or letters, but he or she should not use a finger for the other levels. In Levels 4 and 5, the child must tell you the letters before finding and circling them. If the child confuses or reverses the letters *b*, *d*, *p*, or *q*, correct him or her.

Time the child as he or she goes through each activity, and record the time. The goal is for the child to improve his or her speed by the end of each level. Do not proceed to the next level until the child has mastered the current level and is consistently showing faster times.

# Level 2

5 80 53 24 33 59 72  
37 52 91  
85 94 40 71 25 6  
14 58 61 17 73 88 15  
49 34 51 84 50 99  
26 7 62 92 87  
86 38 27  
4 32 54 74 12 83 48 21  
69 3 63 16 87  
20 8 43 35 47 55 68 75  
76 39 60 89 100 31  
67 93 77 36  
2 56 11 22 41 66 44 70  
45 82 10 79 95  
13 65 18  
42 81 90 64 28  
9 46 96  
19 78 29 97  
98 30 1

**Find:** 5, 88, 37, 3, 29, 67, 8, 44, 18, 97

**Min.** \_\_\_\_\_ **Sec.** \_\_\_\_\_

# Level 3

z 4 34 23 3 44 29 19 w g  
 43 5 42 6 e m  
 18 20 35 r a 30 7 x 41  
 28 11 24 38 17 21  
 8 40 10 v 1 i 50  
 32 27 c 16 p 36 48 i 15  
 12 49 h 47 q 25  
 31 u 13 46 14 t 26 j 22 37 45 k y 2  
 1 39

Find: a, 4, 7, w, 18, 29, e, t, 43, q

Min. \_\_\_\_\_ Sec. \_\_\_\_\_

v 26 j 1 16 3 i 37  
 a 36 44 15 z t  
 2 35 25 u 6 h  
 20 50 b 24 k 14 43 y  
 39 17 45 g 7 r 49  
 8 f c  
 34 38 27 d 4 40 18  
 19 28 13 42 w 41 48 29  
 e s l 31 q 41 12 x  
 5 m 30 46 23 21 32  
 o 9 n 10 p 11 33 47 22

Find: 17, h, 5, r, 31, 42, f, s, 6, o

Min. \_\_\_\_\_ Sec. \_\_\_\_\_

# Level 4

pl in wo th vp ph  
is de gp ki tr yo oc be  
mp vl is de gp ki tr yo oc be  
de de gp ki tr yo oc be  
ab ra vl ql ru xe ze oo ex ss xp  
ra ra vl ql ru xe ze oo ex ss xp  
re re im tp cp kl ng sp xp  
qp qp re re im tp cp kl ng sp xp  
nt nt ch le jk el cr wp bl ri wl  
vo ti pm fl as ty iz le sy  
ri wh al sh ty iz le sy  
rp xp hg dr cl pl

**Find:** im, cr, bl, wh, pl, al

**Min.** \_\_\_\_\_ **Sec.** \_\_\_\_\_

gp ee oo gt os  
ve wo zz mm fi ea  
st aa bb wq vc jc  
aa aa bb wq vc jc  
rd ex ab ng im sp  
ch cr bl wh sh  
pl ee al cl hp  
nc kk xx mn  
ff tt dr rr  
in cc mp ge  
th tr be de pr

**Find:** tr, de, dr, bl, wh

**Min.** \_\_\_\_\_ **Sec.** \_\_\_\_\_