

Advanced Eye Tracking

Perceptual Training Workbook

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Royal Fireworks Press
Unionville, New York

Introduction

The activities in this book were developed for children ages five and older. They are designed to help children in their early school years by improving the following skills:

1. Ocular Motor Skills: The smooth, accurate, and effortless eye movements necessary for efficient reading
2. Figure-Ground Separation: The ability to separate a subject from its background
3. Visual Concentration: The ability to concentrate and pay attention visually to a task

General Directions

There are five levels of activities in this workbook, ranging from least to most difficult. All children should start with Level 1. The goal is to have the child start at the top line of each activity and, as quickly as possible, read aloud all the letters or numbers in a left-to-right direction. The child is to continue reading all the lines, but he or she is not allowed to use a finger to keep place while reading. Record the time it takes the child to do each activity correctly. The goal is for the child to improve his or her time as he or she proceeds through each level. Do not proceed to the next level until the child has mastered the current level and is consistently showing faster times.

Level 1

		7		5		2		2		
	6		8			5	1			
4		3			5		2	9		
		8			3		9	0		
5			6			3		8		
		8		6			4	2		
0		5			3			2		
	6			4		2		1	9	
	2		5				7		3	
5		4			3			2	2	
			1	5			5		3	
	0		7				5		4	
1			2		5			8		0
		0		7				8		2
8			7			6			2	3
	1				4			3		3
		2	6					4		3
8				9			4			3
		5			4			6		3
9			3				2		4	
		8			4			1		0

Min. _____ Sec. _____

Level 2

T L A V
A N B N
X Y A O
Z N R Q M
J G D E B
Q Q U F A
A L V Y
O K L A X
B W N Q T
Z X P G O
N N B O S B
T Q E U N
Z O I E
V C E O
M N E Q
U J B C Q
A X T R F
V B U S T
L M E P
O K L A
C R S O

Min. _____ Sec. _____

Level 4

7 8 m b

8 5 d **w**

9 a e r

6 j k **m** **2**

6 **d** e a

4 5 **t** f d

8 v b b 8

5 g f w

0 **v** c e 4

7 h f r

6 **n** m c

8 7 c d 6

4 3 2 a

0 9 c v

5 4 a **q**

8 7 x c

6 5 x s

2 v c d

0 d s **w** **2**

6 5 d s

9 v 2 b 0

Min. _____ Sec. _____