WHO ARE YOU TIMES TWO



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Illustrated by Christopher Tice



For all of my teachers and all of my students (who are my teachers, too). And for Quin.



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INTRODUCTION: WHO ARE YOU?

IF YOU COULD TRAVEL BACK IN TIME FIVE YEARS, TEN YEARS, OR EVEN BEFORE YOU WERE BORN, WOULD YOU RECOGNIZE YOURSELF IN THE PAST? HOW WOULD YOU KNOW FOR SURE THAT YOUR YOUNGER SELF WAS YOU? WOULD YOU BE CONFIDENT AND SAY, "OF COURSE THAT'S ME! I'D KNOW ME ANYWHERE!" OR DO YOU THINK YOU MIGHT BE UNCERTAIN AND WONDER, "WHO IS THAT?"

OUR BODIES ARE MADE OF CELLS THAT CONTINUALLY DIE AND RENEW. OUR THOUGHTS, MEMORIES, HABITS, AND SKILLS ALL EVOLVE AND CHANGE. BUT AS TIME TICKS ON, DOES WHO WE ARE CHANGE TOO? HOW MUCH? IN WHAT WAY? WHY? DO WE CHANGE SO MUCH THAT WE BECOME A DIFFERENT PERSON AT SOME POINT? (WHEN IS THAT POINT?) OR DOES SOMETHING ABOUT US NEVER CHANGE, NO MATTER WHEN IN TIME WE ARE? (AND WHAT WOULD THAT SOMETHING BE?)

THESE QUESTIONS BRING UP MORE QUESTIONS (GENERALLY A NICE THING TO HAPPEN): WHO ARE YOU TO BEGIN WITH? WHAT IS ANYTHING TO BEGIN WITH? DOES EVERYTHING CHANGE THROUGH TIME? ALSO, WHAT IS TIME? AND, MOST IMPORTANTLY, HOW CAN YOU KNOW THE ANSWERS TO ANY OF THESE QUESTIONS?

PHILOSOPHERS THROUGHOUT HISTORY AND ACROSS THE WORLD HAVE ASKED QUESTIONS SUCH AS THESE ABOUT BEING, IDENTITY, AND TIME. IN THIS BOOK YOU'LL EXPLORE SOME OF THE ANSWERS GIVEN BY CLASSICAL AND MEDIEVAL THINKERS FROM THREE REGIONS OF THE ASIAN CONTINENT: CHINA, INDIA, AND IRAN AND IRAQ IN THE MIDDLE EAST. YOU'LL MEET PHILOSOPHERS FROM CHINA SUCH AS KONGZI (CONFUCIUS) AND THOSE WHO DISAGREED WITH HIM. YOU'LL MEET PHILOSOPHERS FROM INDIA SUCH AS THE BUDDHA AND THOSE WHO BUILT UPON HIS IDEAS OR HAD DIFFERENT VIEWS ALTOGETHER. YOU'LL ALSO MEET PHILOSOPHERS FROM THE MIDDLE EAST WHO LIVED DURING THE MEDIEVAL PERIOD KNOWN AS THE GOLDEN AGE OF ISLAM, INCLUDING THE GREAT POLYMATH AL-KINDI, WHO ENERGIZED A HUGE MOVEMENT TO TRANSLATE, INTERPRET, AND EXPAND UPON THE ANCIENT GREEK PHILOSOPHERS. BY THINKING DEEPLY, LEARNING, STUDYING, AND ENGAGING WITH DIFFERENT VIEWS THROUGH DISCUSSION AND DEBATE, EACH PHILOSOPHER YOU WILL MEET IN THIS BOOK SOUGHT TO DISCOVER AND EXPLAIN MEANINGFUL TRUTHS.

ASIA LONG AND DIVERSE TRADITIONS OF PHILOSOPHICAL THOUGHT SITE OF THE WORLD'S TALLEST MOUNTAIN (MT. EVEREST, CHOMOLUNGMA IN TIBETAN, SAGARMATHA IN NEPALI) 3 MAJOR CLIMATE ZONES MORE THAN 2,000 50 COUNTRIES (CURRENTLY) SPOKEN LANGUAGES 11 TIME ZONES LARGEST CONTINENT SITE OF THE WORLD'S EARLIEST CIVILIZATION (SUMER IN MESOPOTAMIA) HOME TO 60% OF ALL PEOPLE IN THE WORLD

PHILOSOPHY IS THE SEARCH FOR WISDOM AND TRUTH, AND THAT SEARCH INCLUDES VOICING YOUR OPINIONS AND TESTING YOUR IDEAS THROUGH DEBATE AND DISCUSSION. WHY DO YOU THINK WHAT YOU THINK? WHAT'S YOUR EVIDENCE? WHAT'S YOUR MOST CONVINCING ARGUMENT FOR WHY YOUR VIEW IS RIGHT? WHEN WE LEARN ABOUT THE GREAT PHILOSOPHICAL DEBATES OF HISTORY, WE JOIN THE HUMAN SEARCH FOR TRUTH THAT HAS SPANNED ALL TIMES AND PLACES. THE SEARCH FOR TRUTH ISN'T ALWAYS EASY-WE MIGHT MAKE SOME WRONG TURNS, WIND UP WITH MORE QUESTIONS THAN ANSWERS, OR ACCIDENTALLY PLUNGE THE UNIVERSE INTO ETERNAL CHAOS (METAPHORICALLY, OF COURSE)—BUT IT'S ALWAYS AN ADVENTURE! ARE YOU READY?









RHESUS MACAQUE FACTS:

RHESUS MACAQUES ARE MEDIUM IN SIZE WITH BROWN OR GRAY FUR AND A NON-PREHENSILE TAIL. THEY LOVE TO SWIM AND ARE QUITE CLEVER.



THERE ARE MORE THAN TWENTY DIFFERENT SPECIES OF MACAQUE MONKEYS. RHESUS MACAQUES LIKE PHIL LIVE ALL OVER ASIA, FROM AFGHANISTAN TO CHINA.

ONLY ONE SPECIES OF PRIMATE HAS A WIDER RANGE OF HABITAT: HUMANS.



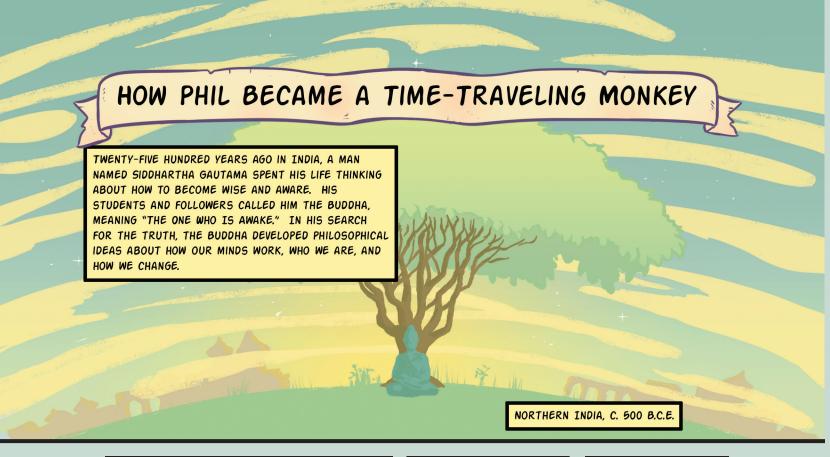












ONE DAY THE BUDDHA WAS TALKING TO SOME OF HIS STUDENTS. HE WONDERED IF THEY EVER NOTICED HOW OUR BODIES TEND TO CHANGE SLOWLY, WHILE OUR MINDS CAN ZIP FROM THOUGHT TO THOUGHT LIKE A HYPER MONKEY.



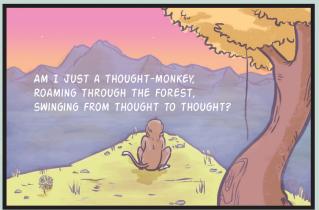




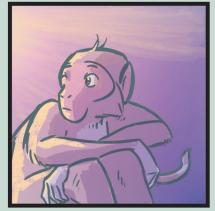








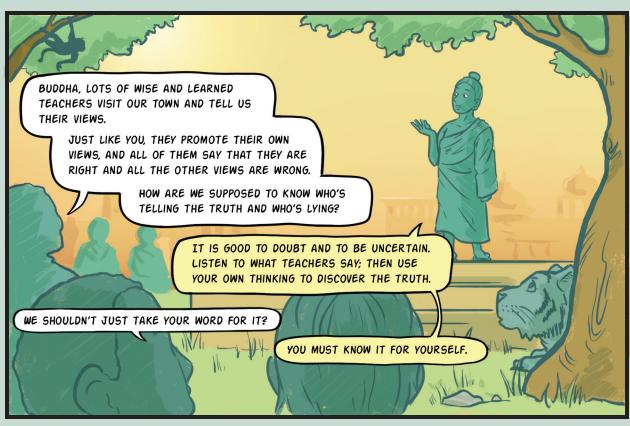




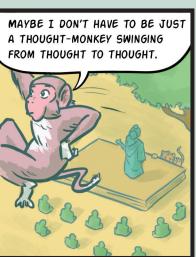




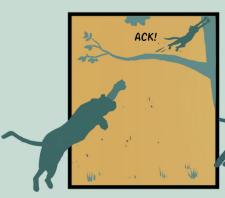






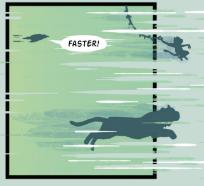


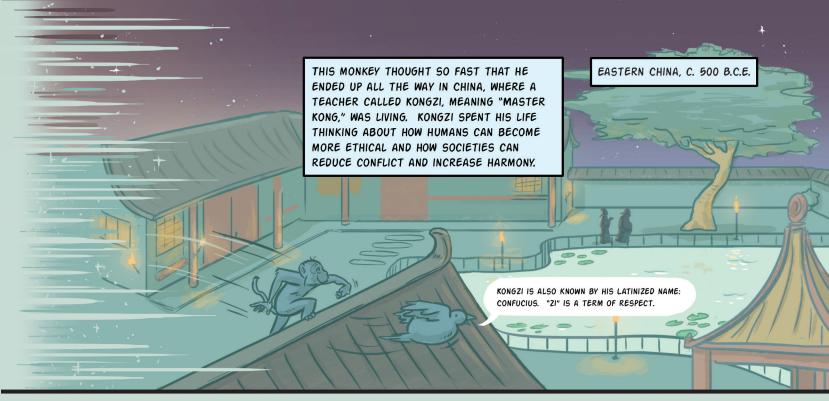


































CHAPTER TWO



AH, A HAMMOCK IS THE PERFECT PLACE TO DISCOVER THE TRUTH! BEING A PHILOSOPHY MONKEY IS SO RELAXING. NO MORE SWINGING FROM THOUGHT TO THOUGHT. INSTEAD OF SWINGING, I AM THINKING.



AND PLACES HAVE SEARCHED FOR TRUTHS.







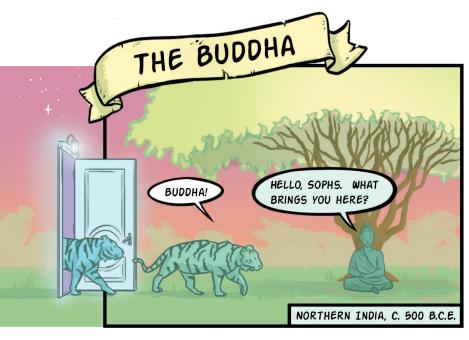




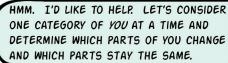


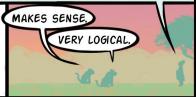












THE BUDDHA VIEWED UNDERSTANDING WHO WE REALLY ARE-AND ARE NOT-AS FUNDAMENTAL TO WISDOM AND HAPPINESS. LET'S START WITH THE BODY.
DOES A BODY CHANGE OR STAY
THE SAME OVER TIME?



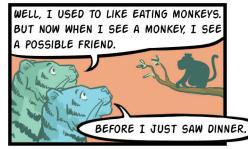
NOW HOW ABOUT YOUR SENSATIONS— THE WAY YOU EXPERIENCE THE WORLD THROUGH THE SIX SENSES. DO YOUR SENSATIONS CHANGE?



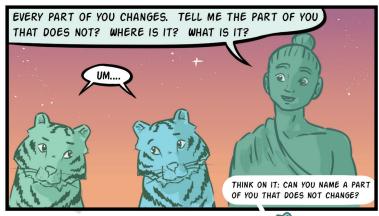
BUDDHIST PHILOSOPHY NAMES MIND AS THE SIXTH SENSE. LIKE A NOSE SENSES ODORS, THE MIND SENSES THOUGHTS.





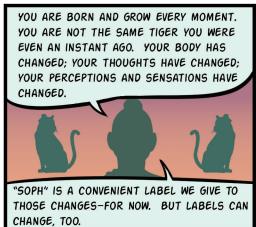


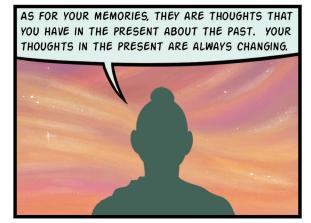


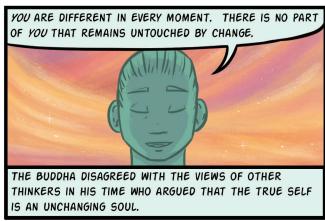


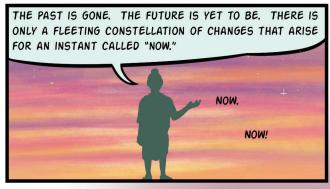


















TO FOLLOW THE SOPHS THROUGH THE **SOMEONE** DOOR, TURN TO **PAGE 70.** TO FOLLOW THE SOPHS THROUGH THE **NO ONE** DOOR, TURN TO **PAGE 72.**