

# How to Sleep Like a Mermaid

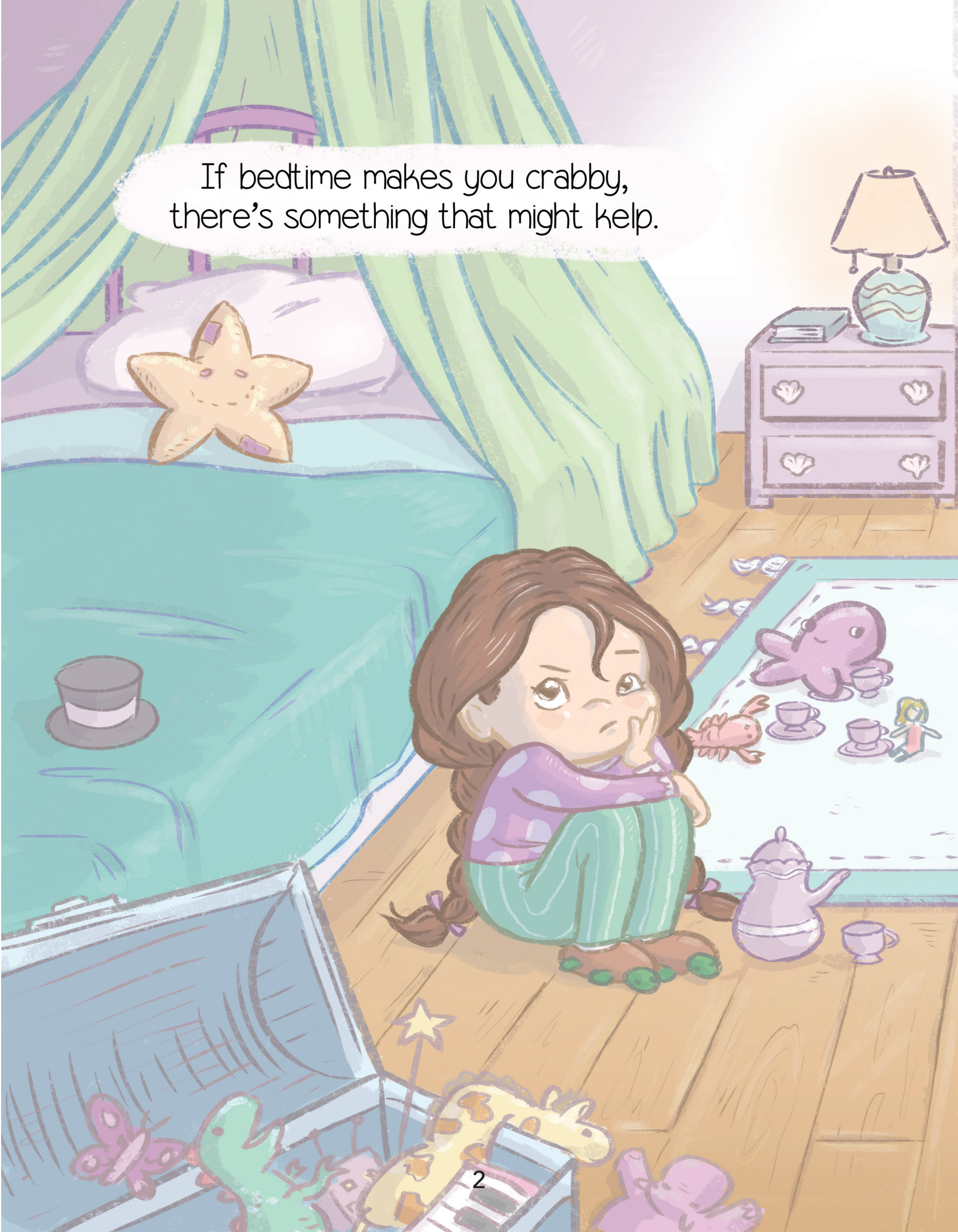
A Bedtime Routine Book for Land Mermaids



Jordan P. Novak  
Christopher Tice

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If bedtime makes you crabby,  
there's something that might help.





Err...*help*—especially if you're a Land Mermaid.

What's a Land Mermaid?  
It's a mermaid...



...who lives above water.



Could you be one of them?  
Let's find out!